



# CORE Class Schedule

## Summer Semester: May - August 2013

CORE provides free emergency preparedness training for individuals, neighborhood groups and community-based organizations in Oakland. CORE I teaches self-reliance skills while CORE II and CORE III teach neighborhoods how to establish response teams to take care of the neighborhood after a disaster until professional help arrives.

### CORE Basic Training

#### Weekly Series

*Participants must complete CORE I and II before beginning CORE III. CORE III A, B, C & Hands-on should be taken together in the same series.*

CORE I	Thursday	May 16	6:00pm - 8:30pm	Mills College CPM 114, 5000 MacArthur Blvd.
CORE II	Thursday	May 23	6:00pm - 8:30pm	
CORE III Class A	Thursday	May 30	6:00pm - 9:00pm	
CORE III Class B	Thursday	June 6	6:00pm - 9:00pm	
CORE III Class C	Thursday	June 13	6:00pm - 9:00pm	
CORE III Hands-on * RF	Saturday	June 15	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.

CORE I	Tuesday	August 13	6:00pm - 8:30pm	Children's Hospital 744 52 <sup>nd</sup> Street
CORE II	Tuesday	August 20	6:00pm - 8:30pm	
CORE III Weekend * RF (A, B, C, Hands-on) * RF	Saturday	August 24	9:00pm - 5:00pm	OFD Training Division, 250 Victory Ct.
	Sunday	August 25	9:00am - 5:00pm	

#### Weekend Series

*Busy during the week or want to complete your training quickly? Join us for this weekend series instead of the typical six weeks.*

CORE I	Saturday	June 22	9:00am - 11:30am	OFD Training Division 250 Victory Ct.
CORE II	Saturday	June 22	12:00pm - 2:30pm	
CORE III Weekend * RF (A, B, C, Hands-on) * RF	Saturday	June 29	9:00am - 5:00pm	
	Sunday	June 30	9:00am - 5:00pm	

\* Classes with RF also serve as CORE III Refresher classes

Register online at [www.oaklandcore.org](http://www.oaklandcore.org)

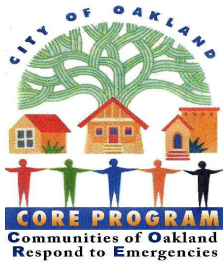
Phone: 510-238-6351 Email: [core@oaklandnet.com](mailto:core@oaklandnet.com)

CORE is a disaster preparedness and training program of the Oakland Fire Department, Emergency Management Services Division.

All public CORE training locations are wheelchair accessible. To request materials in alternative formats, or to request an ASL interpreter, captioning or assistive listening device, please contact the CORE Program Coordinator at 510-238-6351, TTY 510-238-3254 or email [core@oaklandnet.com](mailto:core@oaklandnet.com) at least five business days in advance

Advance registration is required for all classes. Sign-up early - classes fill quickly!

See reverse for workshops offered in addition to the classes shown above.



# CORE Workshop Schedule

## Summer Semester: May - August 2013

The CORE Program offers the following single session, single topic workshops in addition to the basic CORE I, II, & III training. Classes marked with \*\* are designed for CORE Program graduates and require a minimum level of prior training and knowledge on those topics. Workshops are open to any Oakland community member with a desire to learn more about disaster preparedness.

### CORE Workshops

*Workshops are designed with a hands-on focus for CORE Program graduates who have completed CORE I, II, and III.*

Disaster First Aid: S.T.A.R.T Triage	Thursday	May 16	6:30pm –8:30pm	EMSD Media Room, 1605 MLK Jr. Way
Hands-on Refresher**	Saturday	June 15	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.
Hands-on Refresher**	Sat / Sun	June 29 &30	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.
Organizing Your Neighborhood	Thursday	June 20	6:30pm – 8:30pm	EMSD Media Room, 1605 MLK Jr. Way
Light Search & Rescue	Thursday	July 18	6:30pm –8:30pm	EMSD Media Room, 1605 MLK Jr. Way
Volunteer Orientation	Thursday	July 25	6:30pm –7:30pm	EMSD Media Room, 1605 MLK Jr. Way
Hands-on Refresher**	Sat / Sun	August 24 &t 25	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.
<b>Detailed workshop descriptions can be found on the CORE website at <a href="http://www.oaklandcore.org">www.oaklandcore.org</a></b>				

### Disaster First Aid: S.T.A.R.T. Triage

*Thursday, May 16 6:30pm – 8:30 pm Oakland Fire Department, Station 1, EMSD Media Room*

Learn how to “sort” which disaster survivors need immediate medical care when faced with a multiple casualty incident. Focused on a quick patient assessment process called “triage”, you will evaluate and perform priority life saving treatment and care.

### Organizing Your Neighborhood

*Thursday, June 20 6:30pm – 8:30 pm Oakland Fire Department, Station 1, EMSD Media Room*

CORE is built on the idea that organized neighborhoods can support themselves when first responders are overwhelmed after a major emergency or disaster event. Review the steps to organize a CORE group where you live. Hear lessons learned from other CORE groups who have established CORE teams in their neighborhoods.

### CORE Hands-on Refresher\*\*

*3 dates offered: Saturday, June 15, or Sundays, June 30, or August 25 9:30am – 3:30 pm OFD Training Division*

Refresh, enhance, and practice emergency response skills in Fire, Disaster First Aid, Light Search & Rescue, and Command Post Operations. Renew your CORE volunteer certification and ID card by attending this 6-hour refresher class.

### Light Search & Rescue: Size-up and Damage Assessment

*Thursday, July 18 6:30pm – 8:30 pm Oakland Fire Department, EMSD Media Room*

Size-up and damage assessment are an important part of light search & rescue for personal safety as well as team safety and accountability. This class will expand your knowledge of these two topics and provide photo-based practice.

### Volunteer Orientation

*Thursday, July 25 6:30pm – 7:30 pm Oakland Fire Department, Station 1, EMSD Media Room*

CORE exists as a successful program through the efforts of its wonderful volunteers. Come learn more about how you may volunteer your time with the Oakland CORE program.

**Advance registration is required for all workshops. Sign-up early - workshops fill quickly!**

Register online at [www.oaklandcore.org](http://www.oaklandcore.org)  
Phone: 510-238-6351 Email: [core@oaklandnet.com](mailto:core@oaklandnet.com)