CORE Class Schedule

Winter Semester: January – April, 2013

CORE provides free emergency preparedness training for individuals, neighborhood groups and community-based organizations in Oakland. CORE teaches self-reliance skills and helps neighborhoods establish response teams to take care of the neighborhood after a disaster until professional help arrives.

CORE Basic Training

Please note: Participants must complete CORE I and II before beginning CORE III. CORE III A. B. C & Hands-On must be taken together in the same series.

Weekly Series

CORE I	Wednesday	January 9	6:00pm - 8:30pm	Rockridge Library, 5366 College Avenue
CORE II	Wednesday	January 16	6:00pm - 8:30pm	
CORE III Class A	Wednesday	January 23	6:00pm - 9:00pm	
CORE III Class B	Wednesday	January 30	6:00pm - 9:00pm	
CORE III Class C	Wednesday	February 6	6:00pm - 9:00pm	
CORE III Hands-On	Saturday	February 9	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.

CORE I	Tuesday	March 5	6:00pm - 8:30pm	Mills College 5000 MacArthur Blvd
CORE II	Tuesday	March 12	6:00pm - 8:30pm	
CORE III Class A	Tuesday	March 19	6:00pm - 9:00pm	
CORE III Class B	Tuesday	March 26	6:00pm - 9:00pm	
CORE III Class C	Tuesday	April 2	6:00pm - 9:00pm	
CORE III Hands-On	Saturday	April 6	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.

Weekend "Boot Camp"

Busy during the week or want to complete your training quickly? Join us for this weekend series in lieu of the typical five weeks.

CORE I	Saturday	February 16	9:00am – 11:30am	OFD Training Division 250 Victory Ct.
CORE II	Saturday	February 16	12:00pm – 2:30pm	
CORE III (A, B, C, Hands On)	Saturday	February 23	9:00am - 5:00pm	
	Sunday	February 24	9:00am - 5:00pm	

CORE I	Saturday	April 6	9:00am – 11:30am	OFD Training Division 250 Victory Ct.
CORE II	Saturday	April 6	12:00pm – 2:30pm	
CORE III (A, B, C, Hands On)	Saturday	April 13	9:00am - 5:00pm	
	Sunday	April 14	9:00am - 5:00pm	

Advance registration is required for all classes. Sign up early - classes fill quickly!

Register online at www.oaklandcore.org

www.oaklandcore.org ~ 510-238-6351 ~ core@oaklandnet.com

See reverse for workshops offered in addition to the classes shown above.

CORE is a program of the Oakland Fire Department, Office of Emergency Services.

All public CORE training locations are wheelchair accessible. To request materials in alternative formats, or to request an ASL interpreter, captioning or assistive listening device, please contact the CORE Coordinator at 510-238-6351, TTY 510-238-3254 or core@oaklandnet.com at least five business days in advance. Please refrain from wearing scented products to CORE events so persons who may experience chemical sensitivities can attend.

CORE Workshop Schedule

Winter Semester: January – April, 2013

The CORE program offers the following single session, single topic workshops in addition to basic CORE I, II, and III training. Some are specifically designed for CORE graduates and require that minimum level of prior training. Others are open to any Oakland resident, regardless of past experience.

CORE Workshops

The workshops below are additional learning opportunities outside of CORE basic training.
Detailed class descriptions are on the CORE web site www.oaklandcore.org.

Disaster First Aid **	Thursday	January 17	6:30pm – 8:30pm	OES Media Room, 1605 MLK, Jr. Way
Utility Safety	Thursday	February 21	6:30pm – 8:30pm	OES Media Room, 1605 MLK, Jr. Way
Citywide Exercise Skills	Saturday	March 16	10:00am – 2:30pm	OFD Training Division, 250 Victory Ct.
Command Post Tabletop **	Thursday	March 21	6:30pm – 8:30pm	OES Media Room, 1605 MLK, Jr. Way
Volunteer Orientation	Thursday	April 11	6:30pm – 7:30pm	OES Media Room, 1605 MLK, Jr. Way
Radio – Advanced **	Thursday	April 18	6:30pm – 8:30pm	OES Media Room, 1605 MLK, Jr. Way
Hands On Refresher **	Saturday	February 9	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.
Hands On Refresher **	Saturday	April 6	9:30am - 3:30pm	OFD Training Division, 250 Victory Ct.
*** Advanced workshops designed for CORE graduates who have completed CORE I, II, and III.*				

Disaster First Aid Refresher Thursday, January 17 6:30 pm – 8:30 pm OES Media Room

Refresh your disaster first aid skills. After a disaster, your actions can save lives. This refresher focuses on the three killers (breathing, bleeding, shock) and triage. Prerequisite: Completion of CORE I, II & III

Utility Safety Presented by PG&E Thursday, February 21 6:30 pm – 8:30 pm OES Media Room

An instructor from PG& E will discuss how to recognize gas and electric emergency conditions and the best practices for civilian responders to use when faced with specific utility emergencies. Prerequisite: None

Citywide 2013 Exercise Skills Saturday, March 16 10:00 am – 2:30 pm OFD Training Division

Practice skills to successfully achieve the objectives of the 2013 CORE Citywide exercise. Morning: Size-up and basic Damage Assessment review; Lunch break: Bring your own lunch and networking; Afternoon: Radio Games
Prerequisite: Must be registered for the 2013 CORE Citywide Exercise.

Command Post Tabletop Exercise Thursday, March 21 6:30 pm – 8:30 pm OES Media Room

Quick review of how to do a table top exercise, an hour long exercise and discussion of the decisions made. Bring your 4 person Command Team and a flashlight or battery operated lantern: we will turn out the lights for this exercise.
Prerequisite: Completion of CORE I, II & III

Volunteer Orientation Thursday, April 11 6:30 pm – 7:30 pm OES Media Room

CORE exists as a successful program through the efforts of its volunteers. Join us! This is a presentation on all of the CORE volunteer opportunities available. If you have an hour or two, we can use your help. Prerequisite: None

Two-way Radio - Advanced Thursday, April 18 6:30 pm – 8:30 pm OES Media Room

Discuss use of ham/GMRS radios to communicate within and between neighborhoods. Hands on practice in the use of nets and relays. Bring your own FRS or GMRS radio, if you have one. Prerequisite: Completion of CORE I, II & III

CORE Basic Hands On Refresher Saturday, February 9 **or** April 6 9:30 am – 3:30 pm OFD Training Division

Refresh, enhance, and practice emergency response skills. Renew your CORE volunteer certification and ID card by participating in the scheduled CORE Hands On training class. Prerequisite: Completion of CORE I, II & III
You may also register and attend the weekend of CORE III boot camp as an advanced refresher.

Advance registration is required for all workshops. Sign up early - workshops fill quickly!

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