



Make a Plan.



Build a Kit.



Get Involved.



Join the CORE Program today!

Communities of Oakland Respond to Emergencies (CORE) is a **free** emergency preparedness and response training program for individuals, neighborhood groups and community-based organizations in Oakland. The main underlying premise is that a major disaster will overwhelm first responders and leave many citizens on their own for at least 7 to 10 days after an emergency. **CORE** teaches self-reliance skills and helps neighborhoods establish response teams to assist the neighborhood until professional emergency personnel arrive. **CORE** training develops **CORE** Groups throughout Oakland who are organized, empowered and involved in the health, safety and well-being of their neighborhood.

The mission of CORE is to promote the spirit of neighbor helping neighbor and to provide the highest quality emergency and disaster prevention, preparedness and response training.

Since its inception in 1990, the **CORE** program has provided training to over **29,000** Oakland residents. **CORE** set a new standard for emergency preparedness and residential hazard reduction and earned the Outstanding Service Award by the Governor's Office of Emergency Services in 1991. The **CORE** Program has also received commendations from the Oakland City Council and the Fireman's Fund Insurance Company.

In addition to English, **CORE** manuals are printed in **Chinese and Spanish** to facilitate training in culturally diverse communities. Bilingual translators help provide **CORE** training to other language groups in Oakland.

CORE training currently includes **CORE I, II and III**, which makes up the basic 20 hour certification program, as well as advanced training opportunities for **CORE** graduates:

CORE I: Home and Family Preparedness

Learn how to reduce common household hazards, prepare family disaster plans and emergency supply kits, develop evacuation plans and respond to earthquakes, fires, chemical emergencies, severe weather and terrorist threats.

CORE II: Neighborhood Preparedness & Response

Learn how to organize a command center and create emergency response teams, such as communications, damage assessment, hazard reduction/utilities, search and rescue, disaster first aid, shelter and special needs.

CORE III: Emergency Response Hands-On Training

Learn beginning response tactics through classroom instruction and hands-on training in fire suppression, damage assessment, light search and rescue, disaster first aid, disaster psychology, special needs and neighborhood emergency communications. Training includes a functional exercise (simulated earthquake).

Advanced Workshops

The **CORE** program reinforces emergency preparedness and response skills through refresher and advanced classes designed for individuals who have already completed the **CORE I, II and III** series. Our advanced workshops include **CORE** Skills Refreshers, Disaster First Aid, Managing a Neighborhood Incident Command Center, Neighborhood Emergency Communications, and Organizing a Neighborhood Exercise.



Instructions for Requesting a CORE Class in Your Neighborhood



We can provide CORE I (Home and Family Preparedness) and CORE II (Neighborhood Preparedness and Response) training in your Oakland neighborhood.

If you would like to request a CORE class, please consider the following:

- **A four-week advance notice is required.**
- CORE I is a single 2.5 hour-long class. CORE II is also a single 2.5 hour-long class.
- You must schedule each class separately. Please note that CORE I should be completed before CORE II.
- CORE I and II classes are generally available Monday through Thursday evenings, from 6:00 pm – 8:30 pm, 6:30 pm - 9:00pm or from 7:00 pm – 9:30 pm. Weekend classes are possible. We do not provide CORE instruction on City holidays.
- CORE III is only taught at the Oakland Fire Department Training Division and attendees must be registered in advance via online or phone registration.
- **You must guarantee that a minimum of 12 people will attend your neighborhood class.** We request that you track RSVPs to confirm the number of participants. We will request this information one week before the scheduled class. If you are unable to confirm a minimum of 12 at that time, we will cancel the class.
- **As a host, you are responsible for securing an indoor facility for the class.** This could be a neighbor's living room, a community center, library or place of worship.
- We recommend you pick two back-up dates in case your first choice class date is full by the time your request is received.

To request a CORE class, please provide the following information.

Requested Class: **CORE I** or **CORE II** (Circle one; classes must be separately scheduled)

1st choice date: _____ 2nd Choice: _____ 3rd Choice: _____

Start Time: _____ End Time: _____ (2.5 hours total)

Host Name: _____

Host Address: _____

Host Phone: _____

(Please provide a number where you can be reached in case a last minute problem arises.)

Host Email: _____

Facility Name (if not your home): _____

Facility Contact: _____

Any pets? (allergen info): _____

To request a CORE class in your neighborhood,
Email core@oaklandnet.com or call 510-238-6351