



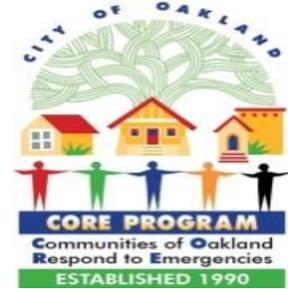
**Make a Plan.**



**Build a Kit.**



**Get Involved.**



## *Join the CORE Program today!*

**Communities of Oakland Respond to Emergencies (CORE)** is a **free** emergency preparedness and response training program for individuals, neighborhood groups and community-based organizations in Oakland. The main underlying premise is that a major disaster will overwhelm first responders and leave many citizens on their own for at least 7 to 10 days after an emergency. **CORE** teaches self-reliance skills and helps neighborhoods establish response teams to assist the neighborhood until professional emergency personnel arrive. **CORE** training develops **CORE** Groups throughout Oakland who are organized, empowered and involved in the health, safety and well-being of their neighborhood.

**The mission of CORE is to promote the spirit of neighbor helping neighbor and to provide the highest quality emergency and disaster prevention, preparedness and response training.**

Since its inception in 1990, the **CORE** program has provided training to over **29,000** Oakland residents. **CORE** set a new standard for emergency preparedness and residential hazard reduction and earned the Outstanding Service Award by the Governor's Office of Emergency Services in 1991. The **CORE** Program has also received commendations from the Oakland City Council and the Fireman's Fund Insurance Company.

In addition to English, **CORE** manuals are printed in **Chinese and Spanish** to facilitate training in culturally diverse communities. Bilingual translators help provide **CORE** training to other language groups in Oakland.

**CORE** training currently includes **CORE I, II and III**, which makes up the basic 20 hour certification program, as well as advanced training opportunities for **CORE** graduates:

### **CORE I: Home and Family Preparedness**

Learn how to reduce common household hazards, prepare family disaster plans and emergency supply kits, develop evacuation plans and respond to earthquakes, fires, chemical emergencies, severe weather and terrorist threats.

### **CORE II: Neighborhood Preparedness & Response**

Learn how to organize a command center and create emergency response teams, such as communications, damage assessment, hazard reduction/utilities, search and rescue, disaster first aid, shelter and special needs.

### **CORE III: Emergency Response Hands-On Training**

Learn beginning response tactics through classroom instruction and hands-on training in fire suppression, damage assessment, light search and rescue, disaster first aid, disaster psychology, special needs and neighborhood emergency communications. Training includes a functional exercise (simulated earthquake).

### **Advanced Workshops**

The **CORE** program reinforces emergency preparedness and response skills through refresher and advanced classes designed for individuals who have already completed the **CORE I, II and III** series. Our advanced workshops include **CORE** Skills Refreshers, Disaster First Aid, Managing a Neighborhood Incident Command Center, Neighborhood Emergency Communications, and Organizing a Neighborhood Exercise.



# Instructions for Requesting a CORE Class in Your Neighborhood



We can provide CORE I (Home and Family Preparedness) and CORE II (Neighborhood Preparedness and Response) training in your Oakland neighborhood.

If you would like to request a CORE class, please consider the following:

- **A four-week advance notice is required.**
- CORE I is a single 2.5 hour-long class. CORE II is also a single 2.5 hour-long class.
- You must schedule each class separately. Please note that CORE I should be completed before CORE II.
- CORE I and II classes are generally available Monday through Thursday evenings, from 6:00 pm – 8:30 pm, 6:30 pm - 9:00pm or from 7:00 pm – 9:30 pm. Weekend classes are possible. We do not provide CORE instruction on City holidays.
- CORE III is only taught at the Oakland Fire Department Training Division and attendees must be registered in advance via online or phone registration.
- **You must guarantee that a minimum of 12 people will attend your neighborhood class.** We request that you track RSVPs to confirm the number of participants. We will request this information one week before the scheduled class. If you are unable to confirm a minimum of 12 at that time, we will cancel the class.
- **As a host, you are responsible for securing an indoor facility for the class.** This could be a neighbor's living room, a community center, library or place of worship.
- We recommend you pick two back-up dates in case your first choice class date is full by the time your request is received.

To request a CORE class, please provide the following information.

Requested Class: **CORE I or CORE II** (Circle one; classes must be separately scheduled)

1<sup>st</sup> choice date: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_ 3<sup>rd</sup> Choice: \_\_\_\_\_

Start Time: \_\_\_\_\_ End Time: \_\_\_\_\_ (2.5 hours total)

Host Name: \_\_\_\_\_

Host Address: \_\_\_\_\_

Host Phone: \_\_\_\_\_

(Please provide a number where you can be reached in case a last minute problem arises.)

Host Email: \_\_\_\_\_

Facility Name (if not your home): \_\_\_\_\_

Facility Contact: \_\_\_\_\_

Any pets? (allergen info): \_\_\_\_\_

To request a CORE class in your neighborhood,  
Email [core@oaklandnet.com](mailto:core@oaklandnet.com) or call 510-238-6351