

FIRST AID TEAM



Primary Responsibilities

- ◆ Set up a First Aid Station
- ◆ Triage the injured and provide first aid
- ◆ Coordinate the transport of the injured either to the First Aid Station, or from the Station to available hospitals or clinics
- ◆ Set up a morgue

Preparedness Checklist

Set Up a First Aid Station

Choose one primary and one secondary site in a dry, centrally located place to **set up a First Aid Station** and store supplies.

Supplies

Recommended **medical supplies** may include:

- First aid manual
- Latex gloves (to be worn at all times)
- Sterile water to flush wounds and cool burns (check expiration dates)
- Antiseptic solution to cleanse abrasions (do not use on deep wounds or punctures)
- Gauze pads to cover lacerations, burns and abrasions
- Sanitary napkins to control excessive bleeding
- Bandages in assorted sizes: specialized (e.g., eye, knuckle) and triangular bandages to secure a broken arm, shoulder dislocation or use as a tie splint
- Roller bandages to wrap over dressings and secure splints



- Ace bandages for wrapping sprains
- Materials for splints
- Scissors and adhesive tape to secure dressings and bandages (restock once a year to ensure adhesive quality)
- “Chemical” ice packs to reduce swelling of strains and sprains
- Tweezers, magnifying glass, sterile needles to remove splinters/foreign matter
- Aspirin and aspirin substitute to relieve pain (check for allergies)
- Thermometer and rubbing alcohol to clean it
- Mobility aids (e.g., crutches, canes, stretchers, wheelchair)
- Mylar space blankets to protect against cold
- Flashlights
- Generator
- Plastic bags for waste disposal (trash compactor bags are especially strong)
- Body bags

Lists and Forms

Have multiple copies of these lists and forms at the ICC, the First Aid Station and attached to your clipboard in your backpack. Make sure they are up to date.



- CORE Family Roster* (A-79) to identify neighbors and addresses
- Response Team List* (A-83) to identify individuals with medical training
- Tools and Equipment* list (A-85) which includes first aid supplies
- Special Needs: Medical and Other* (A-109)
This list will help identify those individuals who need special medical attention as well as those with other special needs.
- First Aid Victim Treatment/Transport Log* (A-111)
This log is used at the station to identify and record the victim’s status, treatment and transport.

Additional Responsibilities

- Create a large “First Aid” **sign** to identify the site.
- Identify **medical facilities** and pharmacies in the neighborhood. Make a list to post them.
- Take a **first aid class**. Call the American Red Cross at 595-4400 for more information.
- Select a cool, shady site, perhaps a shed, that is out of sight and away from recovery activities that can serve as a **morgue**.

First Aid Team Response Checklist



- Gather your personal supplies, assess your own home and family and report to the ICC.
- The Incident Commander and Assistant IC will decide where to open the First Aid Station.
- Open the Station and post a “First Aid” **sign** where it is easy to see. Locate supplies. Report to the ICC any needed supplies and assistance.
- Work through the ICC with the Search & Rescue Team to help **transport victims** to the First Aid Station.
- Work with the Communications Team to determine the status of **open medical facilities** and transportation available and/or needed. Record this information and pass it to the appropriate team.
- Triage** the injured according to priority of treatment needed.
- Check the *Special Needs List* **before** treating anyone to ensure you are not providing care that is not appropriate.
- When treating injuries, always wear **latex gloves and eye protection** to prevent contact with bodily fluids.
- Record** the name and status of each injured person on the *First Aid Victim Treatment/ Transport Log* and keep the ICC informed.
- If phones are working, call **9-1-1 ONLY** if there are life-threatening injuries that you are unable to treat or transport.
- For those individuals who are **deceased**, handle them with dignity and place them in heavy plastic body bags. Move them to a cool, shady, sheltered area. Tag the body bags and, if known, include the individual’s name, date/time and the location where the body was found.





CORE Family Roster



Street	Family Name	Children's Names (Ages)	School	Phone Number	Emergency Housing*	Pets
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Updated: _____

*how many people you could accommodate in your home

(d) = dog
(c) = cat



Quick Field Team Reminders



This list is to be kept on the clipboard in your emergency backpack. Use it after completing your Individual Response Checklist (29). The following reminders combine the needs and responsibilities of the field teams in case the number of responders is limited.

SUPPLIES

- Protective clothing
- Small tools/supplies: wrenches, rope, caution tape
- Emergency backpack
- Clipboard: forms and maps attached

HAZARD REDUCTION/UTILITIES

- Extinguish small fires
- Turn off damaged utilities (gas, water, electric)
- Clear debris from street and sidewalks
- Rope off hazardous areas
- Confine loose pets
- Locate neighborhood water sources

SEARCH & RESCUE

- Check the door jamb and walls around the door for serious cracks and other indications that the building may not be safe to enter.
- Put a bold, readily visible piece of masking tape across the door upon entering [\]. Make a second slash [/], forming an “X” upon leaving.

Gas:

- Before entering a building, **smell** the air for possible gas leaks.
- If you **smell** or hear **gas** leaking, **do not enter** the building before turning off the gas main.
- Ventilate** the building by opening as many doors and windows as possible.
- Wait** until the smell of gas is gone before entering or attempting a search or rescue.

Fire:

- Check the door** with the **back** of your hand to see if it is hot. If it is, DO NOT open it. Alert the ICC. If the door is cool, open it cautiously.
- Stay low.**

Victims:

- When in the building, **call out** “it’s your neighbor” and give your name. **Stop. Shout-tap-listen** for any cries or moans. Keep talking as you move through the building.
- Evaluate the building and the victims’ conditions to determine whether or not they can be **moved safely**.
- If you need to leave, place a **table over them** to protect them from falling objects. Reassure them that someone will come back for them.
- Report to the ICC if you need additional help.

