



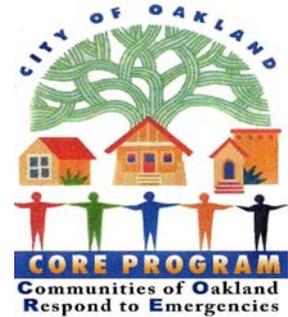
Make a Plan.



Build a Kit.



Get Involved.



Join the CORE Program today!

Communities of Oakland Respond to Emergencies (CORE) is a free emergency preparedness and response training program for individuals, neighborhood groups and community-based organizations in Oakland. The underlying premise is that a major disaster will overwhelm first responders and leave many citizens on their own for at least 3 to 7 days after an emergency. CORE teaches self-reliance skills and helps neighborhoods establish response teams to assist the neighborhood until professional emergency personnel arrive. CORE training develops CORE Groups throughout Oakland who are organized, empowered and involved in the health, safety and well-being of their neighborhood.

In seeking opportunities to promote community awareness and service, the mission of CORE is to promote the spirit of neighbor helping neighbor and to provide the highest quality emergency and disaster prevention, preparedness and response training.

Since its inception in 1990, the CORE program has provided training to over 18,000 Oakland residents. CORE set a new standard for emergency preparedness and residential hazard reduction and earned the Outstanding Service Award by the Governor's Office of Emergency Services in 1991. The CORE Program has also received commendations from the Oakland City Council and the Fireman's Fund Insurance Company.

In addition to English, CORE manuals are printed in Chinese and Spanish to facilitate training in culturally diverse communities. Bilingual translators help provide CORE training to other language groups in Oakland.

CORE training currently includes CORE I, II and III, which make up the basic 20 hour certification program, as well as advanced training opportunities for CORE graduates:

CORE I: Home and Family Preparedness

Learn how to reduce common household hazards, prepare family disaster plans and emergency supply kits, develop evacuation plans and respond to earthquakes, fires, chemical emergencies, severe weather and terrorist threats.

CORE II: Neighborhood Preparedness & Response

Learn how to organize a command center and create emergency response teams, (i.e. communications, damage assessment, hazard reduction/utilities, search and rescue, disaster first aid, shelter and special needs).

CORE III: Emergency Response Hands-On Training

Learn beginning response tactics. Get classroom instruction and hands-on training in fire suppression, damage assessment, light search and rescue, disaster first aid, disaster psychology, special needs and neighborhood emergency communications. Training includes a functional exercise (simulated earthquake).

Advanced Workshops

The CORE program reinforces emergency preparedness and response skills through refresher and advanced classes designed for individuals who have already completed CORE I, II and III. Our advanced workshops include the CORE Refresher, Disaster First Aid, Managing a Neighborhood Incident Command Center, Managing Stress During Emergencies, Neighborhood Emergency Communications, and Organizing a Neighborhood Exercise.