

Mayor's Commission on Aging  
City of Oakland Human Services Department  
Lionel J. Wilson Building  
150 Frank H. Ogawa Plaza, Suite 4340  
Oakland, CA 94612  
(510) 238-3121 · (Fax) 238-7207 · (TTY) 238-3254



## **Mayor's Commission on Aging**

**Wednesday, November 1, 2017 10:00 a.m. to 12:00 p.m.**

City Hall, Hearing Room One  
One Frank H. Ogawa Plaza  
Oakland, Ca. 94612

## **Minutes**

### **1. Call to Order at 10:03 a.m. by Chairperson Stadmiré**

### **2. Roll Call**

Quorum Met (See Exhibit A).

### **3. Approval of minutes**

October 4, 2017 minutes were approved.

### **4. Agenda Modification and Approval:**

Agenda item #6 (Oakland Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ) Community Center) was moved to the January 3<sup>rd</sup> 2018 meeting.

### **5. Public Comments:**

Jerry Berkvam of Cal State East Bay introduced the student interns in attendance.

### **6. How to Ride the Bus for Seniors; *Gayle Eads, Oakland Resident***

Ms. Eads stated it is important for Seniors to learn how to use the bus system before they **need** to use the bus system. Some of her tips included:

- Obtain a clipper card (for Senior savings)
- Find a "bus buddy"
- Practice while still physically strong
- Practice when ridership is slow (middle of day)
- Keep both hands free (to grasp holds)

Ridership must be kept high to keep AC-Transit strong. Riding the bus is a good way to have an impact on income inequality and climate change.

### **7. Discussion: Collaboration with Center for Elders' Independence (CEI) on Oakland Age-Friendly Initiative**

The Commission decided to form a subcommittee to collaborate with CEI. The Members of the subcommittee include Mickey Hall, Blake Spears, Martha Scott, Michael Coleman and Bryan Ricks (chairperson).

## **8. Announcements and updates for Human Services Department;**

*Scott Means, Manager*

### **\* Commission Terms and Secession Planning**

As Sylvia Stadmire is terming out next September, Scott suggested she have a discussion with Irene Yen (vice-chair) to determine if Irene would like to secede Sylvia as chair. Alternately, the Commission could have an election to choose someone to become chair after Sylvia. In any case, the next person will work with Sylvia over the next year to learn the position. Sylvia requested an email from anyone interested in the position.

### **\* There are 4 Upcoming Events:**

1. Mind(fully) Mental Health Forum  
Downtown Oakland Senior Center  
Friday, November 10, 2017  
9:00 am – 2:00 pm  
\*\*\*Free event – Please RSVP to 510.238.3284
  
2. Senior Services Coalition hosts  
“Making the Difference: Systems Change to Social Movement”  
Nile Hall, Preservation Park  
668 13<sup>th</sup> Street  
Oakland, Ca. 94612  
Friday, November 3, 2017  
9:00 am - 2:00 pm  
Cost: \$40      Lunch: \$10
  
3. “Reframing Aging” hosted by CEI and ON LOK  
Wednesday, December 6, 2017  
So. San Francisco Conference Center  
255 South Airport Blvd.  
South San Francisco, Ca.  
9:00 am – 4:30 pm  
\*\*\*If interested, contact Scott Means for information on fee waiver
  
4. Invitation from Antoinette Warren (Renew Magazine) for Christmas Caroling  
Various Skilled Nursing Facilities  
Friday, December 8, 2017  
1:00 pm – 2:00 pm  
(confirm participation by November 3, 2017)

\* Antoinette Warren of Renew Magazine would like to collaborate with the Commission on Older Americans Month. She would like to do something for veterans in recognition of the 100<sup>th</sup> anniversary of World War I.

\* Screening for the relaunch of the Assets program is in progress. Scott anticipates 40 applicants for 25 positions.

\* Scott would like to invite the Americans with Disabilities Act (ADA) division to the Commission's January or February meeting to present updates to the ADA policies.

## **9. Report/Announcements; Commissioners**

\* Commissioner Stadmir:

- Considering the conflict of meetings on December 6<sup>th</sup>, Sylvia stated she would prefer only one member of the subcommittee attend CEI's Dec. 6<sup>th</sup> meeting. She is requesting all other Commissioners be present at our regular meeting.

\* Commissioner Sandra J. Johnson Simon:

- West Oakland Senior Center is celebrating their 20<sup>th</sup> Anniversary  
1724 Adeline St.  
Oakland, Ca. 94607  
Saturday, December 9, 2017  
1:00 pm - 5:00 pm  
Donation: \$20.00 (includes awards luncheon)

## **11. Adjournment**

Meeting adjourned at 11: 38 a.m.

